

CHUDOKAI

EXPRESS



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HAPPY HOLIDAYS!

Ask Sensei...

If you have any question you would like answered, just write it down and place it in the Ask Sensei box located on the shoe shelf in the dojo. Blok Shihan will do his best to answer all questions asked. Thank you for all of the excellent questions so far. Osu!

**DON'T
FORGET!!**

Dojo re-opens
JANUARY 2

Aiki Buki Test
JANUARY 9

Instructor's Class
JANUARY 11

On Guard Course
JANUARY 21 - 22

Kyu Test
FEBRUARY 2

Dan Test
FEBRUARY 4

Q Sensei, your senior students love taking uke from you. Do you ever miss taking uke from your teachers?

A Yes, very much. Even with the pain it often caused me, the strains, sprains, broken bones, etc., I will never forget the thrill of it all. As one of the senior students of Kushida Sensei, it was my honour and privilege to be his uke at least once every class I attended for over 15 years. I was uke in hundreds of demonstrations also. In addition, I was very fortunate to be able to take uke for Gozo Shioda Soke (the founder of Yoshinkai Aikido) dozens of times. Each opportunity with Shioda Soke was

particularly special and memorable. I learned something every time! Of course taking uke for Kushida Sensei was special also, but because I was uke thousands of times for him, I was less likely to focus on that specialness at the time (at least after the first few years). It just seemed to be a part of my regular training. Now, many years later, I think back to those times with the fondest of memories. I find myself missing many things, not the least of which is taking uke for some very special people in my life.

details inside...

Special Events

Holiday Break

The Chudokan Dojo will be closed from December 23rd, 2005 until January 2, 2006. Classes will resume on Monday January 2, 2006.

Aiki Buki Test

The next Aiki Buki test will be held on:

- Monday January 9th at 7:30pm
- All who are eligible and ready are encouraged to test

Instructor's Class

The next instructor's class is scheduled for:

- Wednesday January 11th at 7:00pm
- Class will be held at Chudokan Dojo
- All Chudokan Instructors are *required* to attend

On Guard Course

The next On Guard Control/Defensive Tactics weekend course will be held on:

- Saturday January 21 - January 22
- 9.00a - 5.00p
- The course is open to the public and all are encouraged to attend
- Visit www.onguardtactics.com

Kyu Test

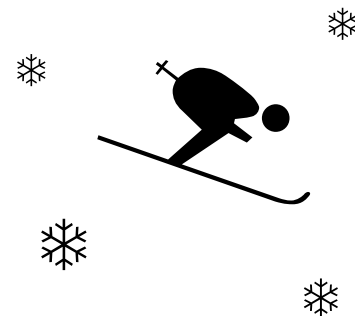
The next kyu tests will be held on:

- Thursday February 2nd at 11:00am & 7:00pm
- All who are eligible and ready are encouraged to test
- There is no Relaxed Aikido class on the day of the test

Dan Examination

The next Dan Exam is scheduled for:

- Saturday February 4th at 11:30am
- The Little Samurai and Aiki Buki classes are to commence as usual.



Quote...

- *Sen nichu no keiko o tan to shi, man nichu no keiko o ren to su.* -
- *A 1,000 days of training to develop, 10,000 days of training to polish.* -

Miyamoto Musashi



Test Results...*Congratulations to all those who tested!*

CHUDOKAN DOJO, Windsor, Ontario, Canada

YOUTH

Kaylee Shipman	9th Kyu
Daniel Blok-Buxton	9th Kyu
James Caruso	8th Kyu
Joey Docherty	8th Kyu
Michelle Caruso	7th Kyu
Sarah Spinks	5th Kyu
Corey Wintermute	5th Kyu

ADULT

Jeffery Aylesworth	9th Kyu
Philip Aylesworth	9th Kyu
Robert Anthony White	8th Kyu
Jamez Kiyoshk	8th Kyu
Theopisti Faith Vlachos	7th Kyu
Leopold Dionne	7th Kyu
Slavce Galjovski	6th Kyu
Sebastian Attewell	5th Kyu
Joseph Maadi	5th Kyu
Donald J. Alley	5th Kyu
Scott Groot	3rd Kyu
Patrice Bedard	3rd Kyu
Michael Dubé	2nd Kyu

ON GUARD CONTROL/DEFENSIVE TACTICS

Control/Defensive Tactics Basic Seminar Graduates - Windsor, Ontario, Canada

Nicholas Antzaras	Matthew Coutsos
Chris Antzaras	Keith Deslippe
Nikolaos Coutsos	Charly Badaoui
Ken Breault	Bradley Scott Claeys
Dan D. Carreau	

Non-Physical Crisis Intervention Course Graduates - CAPUCHIN SOUP KITCHEN, Detroit, Michigan, USA

Jewell Jones	Robert Thomas
Marvin Powell	Roy L. Hoelscher
Marcus Ivory	Jerry Smith
Clarence Reid	José Soberal
Tom Krull	Kevin D. Pringle
Freddie D. Williamson	Melissa Szymanski
Mark Gillett	Bob Malloy
Jessie L. Beamon	Terrance Wright
Ray Stadmeyer	Robert Williams
Carl Robinson	



YUKIKAN DOJO, Oka, Quebec, Canada

Pier-Luc Laliberté	8th Kyu	Patrick Dufault	4th Kyu
Patrick Rémillard	6th Kyu		

ANSHINKAN DOJO, Birmingham, Michigan, USA

Katerina Valachova	9th Kyu	Drew Mize	5th Kyu
Chuck Klimushyn	9th Kyu	Daniel Akashi Porto	4th Kyu
Chuck Klimushyn	8th Kyu	Todd Seidel	4th Kyu
Martin Valach	7th Kyu	Patrick Alexander Taylor	1st Kyu
Mack Major	7th Kyu		

SHOSHINKAN DOJO, St. Albans, West Virginia, USA

Lucus Kesling	7th Kyu	Rick Barnett	4th Kyu
Charles Barnett	5th Kyu	Mark Brauner	2nd Kyu
Toby Spiker	4th Kyu		

TAISHINKAN DOJO, Bridgeport, West Virginia, USA

Tressie Hurst	7th Kyu		
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ALPHARETTA MARTIAL ARTS, Alpharetta, Georgia, USA

Stephen O'Shaughnessy	7th Kyu	Andy Abernathy	6th Kyu
Tim Faber	7th Kyu	Lisa Godwin	6th Kyu
Shawn Boyd	7th Kyu	Aaron Godwin	6th Kyu
Jerzy Puchala	6th Kyu	Andre Hansen	5th Kyu
Jim McNabb	6th Kyu		

Thank you for another GREAT year!!



*From the Chudokan Dojo to you and your family, have a
Wonderful Holiday and a Healthy New Year!!*

